


	PROCESO PARA EL DESARROLLO DE LAS ENSEÑANZAS DE LA ESCUELA DE INGENIERÍAS AGRARIAS		
		CÓDIGO: P/CL009_D002	

PROGRAMME IN DIETETIC

Academic course: 2018-2019

Identification and characteristics of the subject					
Code	502234			Créditos ECTS	6
Name (Spanish)	Dietética				
Name (English)	Dietetic				
Degree	Food Science and Technology Degree				
Center	Agricultural Engineering School				
Semester	First (7º)	Type	Compulsory (obligatoria)		
Module	NUTRITION AND HEALTH				
Subject	Diet and nutrition				
Language	Spanish				
Professor/s					
Name	Room	e-mail	Web link		
Emilio Aranda Medina	D709 Edificio Valle del Jerte	earanda@unex.es			
Alicia Rodríguez Jiménez		aliciarj@unex.es			
Field of knowledge	NUTRITION AND BROMATOLOGY				
Department	ANIMAL PRODUCTION AND FOOD SCIENCE				
Coordinator (if there is more than one professor)	Emilio Aranda Medina				
Lessons and contents					
Syllabus					
<p>SECTION I.- I VALUATION OF NUTRITIONAL STATUS</p> <p>Lesson 1 Techniques to determine the nutritional status of the human</p> <p>Lesson 2 Assessment of nutritive status to collectivities</p> <p>SECTION II.- NUTRITION IN PHYSIOLOGICAL SITUATIONS</p> <p>Lesson 3 Nutrition during pregnancy</p> <p>Lesson: 4 Nutrition in infants</p> <p>Lesson: 5 Nutrition in childhood</p>					

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Lesson: 6 Nutrition in adolescence
Lesson: 7 Nutrition in the Third Age
Lesson: 8 Nutrition for training and sports
SECTION III.- NUTRITION IN PATHOLOGICAL SITUATIONS. DIETHERAPY
Lesson: 9 Weight control and eating disorders
Lesson: 10 Diet in obesity
Lesson: 11 Eating disorders: Anorexia and bulimia. Others.
Lesson: 12 Nutrition in cardiovascular diseases
Lesson: 13 Nutrition in hypertension
Lesson: 14 Diet in diseases of the digestive system
Lesson: 15 Diets in diabetes
Lesson: 16 Diet in consumptive diseases.

PRACTICAL SYLLABUS

Practice 1. Resolution of practical problems of clinical cases
 Practice 2. Determination of nutritional status at the individual level
 Practice 3. Determination of nutritional status at collective level
 Practice 4. Perform healthy diets in different physiological and pathological situations
 Practice 5. Assessment of intake at the individual level. Dietary Dietary
 Practice 6. Elaboration of anthropometric tables and percentiles of collectivities