


	PROCESO PARA EL DESARROLLO DE LAS ENSEÑANZAS DE LA ESCUELA DE INGENIERÍAS AGRARIAS		
		CÓDIGO: P/CL009_D002	

PROGRAMME IN DIETETIC
Academic course: 2019-2020

Identification and characteristics of the subject					
Code	502234			Créditos ECTS	6
Name (Spanish)	Dietética				
Name (English)	Dietetic				
Degree	Food Science and Technology Degree				
Center	Agricultural Engineering School				
Semester	First (7º)	Type	Compulsory (obligatoria)		
Module	NUTRITION AND HEALTH				
Subject	Diet and nutrition				
Language	Spanish				
Professor/s					
Name	Room	e-mail	Web link		
Emilio Aranda Medina	D709 Edificio Valle del Jerte	earanda@unex.es			
Alicia Rodríguez Jiménez		aliciarj@unex.es			
Field of knowledge	NUTRITION AND BROMATOLOGY				
Department	ANIMAL PRODUCTION AND FOOD SCIENCE				
Coordinator (if there is more than one professor)	Emilio Aranda Medina				
Lessons and contents					
Syllabus					
SECTION I.- I VALUATION OF NUTRITIONAL STATUS Lesson 1 Techniques to determine the nutritional status of the human Lesson 2 Assessment of nutritive status to collectivities SECTION II.- NUTRITION IN PHYSIOLOGICAL SITUATIONS Lesson 3 Nutrition during pregnancy Lesson: 4 Nutrition in infants Lesson: 5 Nutrition in childhood					

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- Lesson: 6 Nutrition in adolescence**
- Lesson: 7 Nutrition in the Third Age**
- Lesson: 8 Nutrition for training and sports**
- SECTION III.- NUTRITION IN PATHOLOGICAL SITUATIONS. DIETHERAPY**
- Lesson: 9 Weight control and eating disorders**
- Lesson: 10 Diet in obesity**
- Lesson: 11 Eating disorders: Anorexia and bulimia. Others.**
- Lesson: 12 Nutrition in cardiovascular diseases**
- Lesson: 13 Nutrition in hypertension**
- Lesson: 14 Diet in diseases of the digestive system**
- Lesson: 15 Diets in diabetes**
- Lesson: 16 Diet in consumptive diseases.**

PRACTICAL SYLLABUS

- Practice 1. Resolution of practical problems of clinical cases
- Practice 2. Determination of nutritional status at the individual level
- Practice 3. Determination of nutritional status at collective level
- Practice 4. Perform healthy diets in different physiological and pathological situations
- Practice 5. Assessment of intake at the individual level. Dietary Dietary
- Practice 6. Elaboration of anthropometric tables and percentiles of collectivities